# WALK & ROLL

CHALLENGE



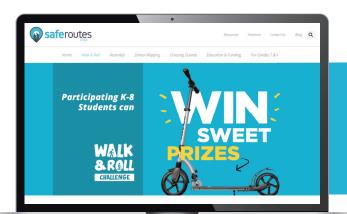
Every day you walk or ride your bike to school, you'll get another chance to win sweet rewards like:











Enter now at WALK-WIN.COM



Need a text reminder at the end of the month to submit your days? **Text WALK to 833-277-0641 to sign up.** 

Scan the QR code to generate this text automatically.

You can opt out of text messages at any time. Reply STOP to cancel, HELP for help. Msg&data rates may apply. Terms & privacy: slkt.io/xMuu





# TRACK YOUR PROGRESS



STEP



Walk or bike to school.
Each time you walk or bike you'll be
entered for an additional chance to
win a sweet prize.

STEP 2

**Use the chart below** to track the days you walk or bike

X

3

STEP

Submit your progress by the end of each month.
Online submissions at
SafeRoutes.Utah.gov/Walk-N-Roll

# **SEPTEMBER**

Mon	Tue	Wed	Thu	Fri
		1	2	3
	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

# **OCTOBER**

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

# **NOVEMBER**

	Mon	Tue	Wed	Thu	Fri
	1	2	3	4	5
	8	9	10	11	12
	15	16	17	18	19
	22	23	your pro	nber to s	e last
_	29	30	ady of e	each mor —	IUI!

# **DECEMBER**

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17

# **JANUARY**

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
	18	19	20	21
24	25	26	27	28
31				

# **FEBRUARY**

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
	22	23	24	25
28				

# **MARCH**

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

### **APRIL**

Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

### MAY

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
	31			